Update on Management of Sleep Apnea
June 17, 2017
1-Day Comprehensive Course

Location
Weill Cornell Medical College
Belfer Building
413 E. 69th Street
Room 204 A & B
New York, N.Y. 10021

COURSE INFORMATION
Registration Fee: $150.00
Includes continental breakfast, lunch, and coffee breaks.
Register for the Course:
Registration/Disclosure Information
http://cornellent.org/rsvp.html

Please Contact:
Marie M. Toussaint
MPA, Credentialing Coordinator
Phone: 212-746-2226
Email: mot2005@med.cornell.edu

Accommodations
Accommodations may be made through the provided links.
Helmsley Guest Facility:
http://www.nypguestfacility.com/
Affinia Gardens NYC:
http://www.affinia.com/gardens

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Special Guest Faculty
Martin Bassiur, DDS
Assistant Clinical Professor
Director, Orofacial Pain Management
and Dental Sleep Medicine
Mount Sinai Medical Center, New York, N.Y.

Ofer Jacobowitz MD, Ph.D, FAASM
Assistant Professor
Mount Sinai Medical Center, New York, N.Y.
Sleep Surgery and Sleep Medicine Specialists
ENT and Allergy Associates
Associate Director, Orange Regional Medical Center
for Sleep Disorders

Mark A. D’Agostino MD, FACS
Southern New England Ear Nose and Throat Group
Clinical Instructor Yale School of Medicine
Assistant Professor of Surgery Frank Netter School
of Medicine Quinnipiac University

Jordan C Stern, MD
Founder & CEO, BlueSleep
Identified Practice Gaps/Educational Needs

Obstructive sleep apnea is a prevalent disorder and 18 million Americans are affected by it. $3.4 billion estimated annual health care costs in the US are associated with undiagnosed sleep apnea. Physicians often fail to recognize patients with sleep apnea. This course will educate the audience on how to diagnose and treat sleep apnea. The participants will learn about the latest diagnostic techniques and treatment options for the patients affected by this disease.

Sleep apnea is a prevalent disorder and physicians in different specialties encounter and manage patients with sleep apnea. Each specialty offers unique treatment options. Physicians often lack knowledge or access to latest medical developments within different specialties. The participants will acquire skills on how to evaluate patients (exam, appropriate history, sleep study, etc.), how to medically (CPAP, oral appliances, etc.) and surgically treat the patients. They will acquire skills and competence on multidisciplinary approach to management of patients with sleep apnea to improve patient treatment outcomes and on establishing multispecialty networks.

The physicians have become more aware of health problems associated with untreated sleep apnea. Use of proper screening and diagnostic techniques will have significant impact on improving care of patients with sleep apnea. The course will teach the participants how to recognize patients with the disease, provide them with diagnostic skills and knowledge of multidisciplinary approach and referral channels for treatment of sleep apnea.

Target Audience

Specialties that treat sleep disorders.

This course is designed for physicians as well as nurses and other allied health professionals who specialize in the treatment and diagnosis of sleep disorders in the adult and pediatric community.

Educational Objectives

It is intended that this Well Cornell CME activity will lead to improved patient care, including improvement in knowledge, competence, and performance. At the conclusion of this activity, participants should be able to:

- Describe the pathophysiology of obstructive sleep apnea (OSA) and the importance of various specialties in the treatment of this disease.
- Recognize the common causes of CPAP intolerance and understand the role of adjunctive or alternative therapies in the treatment of this disorder.
- Become familiar with most current sleep apnea medical and surgical evaluation and treatment options.
- Organize and implement a successful multidisciplinary team to treat patients with OSA.

Technology Advances in Sleep Medicine

10:20-10:40 Innovations in Diagnostics, Sleep data Monitoring, CPAP Treatment and Compliance – Daniel Barone, MD
10:40-11:00 Telemedicine – New approach to Diagnosis and Treatment of Sleep Problems – Jordan Stern, MD

Alternative to CPAP Treatment

11:00-11:20 Medical Strategies for Weight Loss – Katherine Saunders, MD
11:20-11:40 Positional Therapy – Amy Atkeson, MD
11:40-12:00 Oral Appliance Therapy – Martin Bassiur, DDS
12:00-1:00 Lunch

Afternoon Session

Surgery for OSA

1:00-1:20 Nasal Surgery and Sleep Disordered Breathing – Joshua Levinger, MD
1:20-1:40 Oropharyngeal Surgery: UPP vs Multilevel Surgery – Ashutosh Kacker, MD

Sponsored by

Sleep and Breathing

Ensure the highest diagnosis and treatment of OSA and sleep disorders.

Questions

Panelists:
- Ana Krieger MD
- Ofer Jacobovitz MD
- Mark D’Agostino MD
- David Behrman DDS MD
- Martin Bassiur DDS

Accreditation and Credit Designation Statements

Well Cornell Medical College is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Well Cornell Medical College designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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